

I AM LOVE I AM PEACE I AM JOY I AM TRUTH
I AM ACCEPTING I AM GOODNESS I AM MERCY
I AM UNDERSTANDING I AM LIGHT I AM FORGIVENESS

I AM GRATEFUL

I AM PATIENCE I AM STRENGTH I AM COURAGE

I AM A HELPER IN TIME OF NEED

I AM A COMFORTER IN TIME OF SORROW

I AM COMPASSION

I AM A TEACHER IN A TIME OF CONFUSION

I AM DEEPEST WISDOM I AM THE HIGHEST TRUTH

I AM A HEALER IN A TIME OF INJURY

I AM ALL KNOWING

I AM ABUNDANT I AM UNCONDITIONAL LOVE

I AM PART OF ALL THAT IS I AM THE BODY OF GOD

I AM THAT THROUGH WHICH GOD EXPERIENCES THE WORLD

I AM BLESSING I AM AWAKE I AM PHENOMENAL...

THE "I AM" CREED OF NEW THOUGHT MOVEMENT UK BY JOYCE LOUISON ©



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